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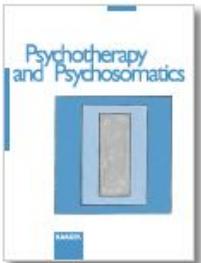
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아티클 저자 소개

Effectiveness of Outpatient, Day Hospital, and Inpatient Psychotherapeutic Treatment for Patients with Cluster B Personality Disorders

Anna Bartak^{a, c}, Helene Andrea^{c, e}, Marieke D. Spreeuwenberg^{f, g}, Uli M. Ziegler^h, Jack Dekker^b, Bert V. Rossumⁱ, Elisabeth F.M. Hamers^d, Wubbo Scholte^j, Janneke Aerts^k, Jan J.V. Busschbach^{c, e}, Roel Verheul^{a, d}, Theo Stijnen^l, Paul M.G. Emmelkamp^a

^aDepartment of Clinical Psychology, University of Amsterdam, and

^bArkin, Amsterdam;

^cInstitute for Studies on Personality Disorders (VISPD), and

^dPsychotherapeutic Centre De Viersprong, Halsteren;

^eDepartment of Medical Psychology and Psychotherapy, Erasmus Medical Centre, Rotterdam;

^fHogeschool Zuyd, Heerlen;

^gDepartment of Methodology and Statistics, Tilburg University, Tilburg;

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Key Words

- Personality disorders
- Psychotherapy
- Treatment effectiveness
- Treatment outcome
- Antisocial personality disorder
- Borderline personality disorder
- Histrionic personality disorder
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아티클의 키워드

Abstract

Background: For patients with cluster B personality disorders there is no consensus regarding the optimal treatment setting. The aim of this study was to compare the effectiveness of different psychotherapeutic settings for patients with cluster B personality disorders, i.e. outpatient, day hospital, and inpatient treatment. **Methods:** The study was conducted between March 2003 and June 2008 in 6 mental health care centres in the Netherlands, with a sample of 207 patients with a DSM-IV-TR axis II cluster B diagnosis. Patients were assigned to 3 different settings of psychotherapeutic treatment and effectiveness was assessed at 18 months after baseline. An intention-to-treat analysis was conducted for psychiatric symptoms (Brief Symptom Inventory), psychosocial functioning (Outcome Questionnaire-45), and quality of life (EQ-5D), using multilevel statistical modelling. As the study was non-randomised, the propensity score method was used to control for initial differences. **Results:** Patients in all 3 settings improved significantly in terms of psychiatric symptoms, social and interpersonal functioning, and quality of life 18 months after baseline. The inpatient group showed the largest improvements. The comparison of outpatient and inpatient treatment regarding psychiatric symptoms showed a marginally significant result ($p = 0.057$) in favour of inpatient treatment. **Conclusions:** Patients with cluster B personality disorders improved in all investigated treatment settings, with a trend towards larger improvements of psychiatric symptoms in the inpatient setting compared to the outpatient setting. Specialised inpatient treatment should be considered as a valuable treatment option for cluster B personality disorders, both in research and in clinical practice.

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Author Contacts

Anna Bartak
Department of Clinical Psychology, University of Amsterdam
Roetersstraat 15
NL-1018 WB Amsterdam (The Netherlands)
Tel. +31 62 822 7811, Fax +31 20 639 1369, E-Mail a.bartak@uva.nl

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아티클 정보

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Treatment Outcome

Eighteen months after baseline, patients in all 3 settings improved remarkably in terms of psychiatric symptoms (GSI), the primary outcome measure (fig. 2; table 2). Within-group effect sizes of the uncorrected scores were 0.55 (medium effect) for outpatient psychotherapy, 0.97 (large effect) for day hospital psychotherapy, and 1.37 (very large effect) for inpatient psychotherapy.

Variable	Treatment group	Baseline	18 months	Within-group effect size, Cohen's d
GSI	outpatient (n = 46)	1.52 ± 0.78	1.10 ± 0.75	0.55
	day hospital (n = 81)	1.74 ± 0.62	1.09 ± 0.72	0.97
	inpatient (n = 80)	1.94 ± 0.66	1.02 ± 0.69	1.37
OQ-45 Social role	outpatient (n = 46)	15.63 ± 4.35	12.75 ± 4.70	0.64
	day hospital (n = 81)	16.40 ± 4.46	12.89 ± 4.68	0.77
	inpatient (n = 80)	17.33 ± 5.33	12.83 ± 5.05	0.87
OQ-45 Interpersonal relations	outpatient (n = 46)	21.30 ± 7.45	19.01 ± 7.89	0.30
	day hospital (n = 81)	21.34 ± 5.99	17.65 ± 6.41	0.60
	inpatient (n = 80)	23.59 ± 5.94	17.92 ± 6.83	0.89
EQ-5D	outpatient (n = 46)	0.57 ± 0.28	0.67 ± 0.26	0.37
	day hospital (n = 81)	0.47 ± 0.27	0.66 ± 0.26	0.72
	inpatient (n = 80)	0.50 ± 0.27	0.70 ± 0.23	0.80

Table 2. Uncorrected outcomes (mean ± SD) and effect sizes in 3 treatment groups for all outcome variables

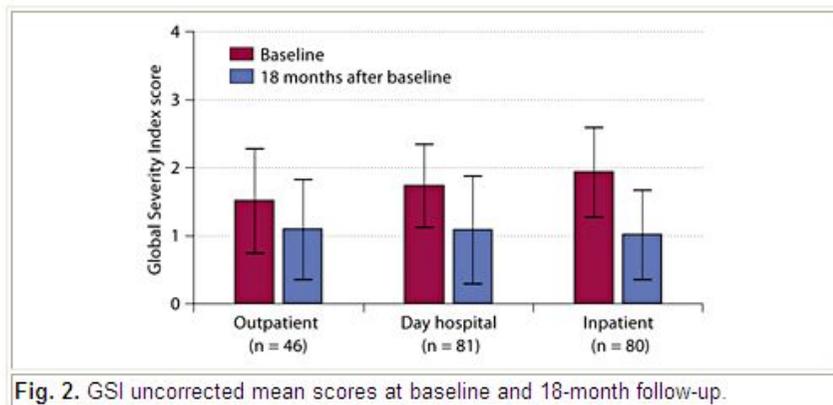
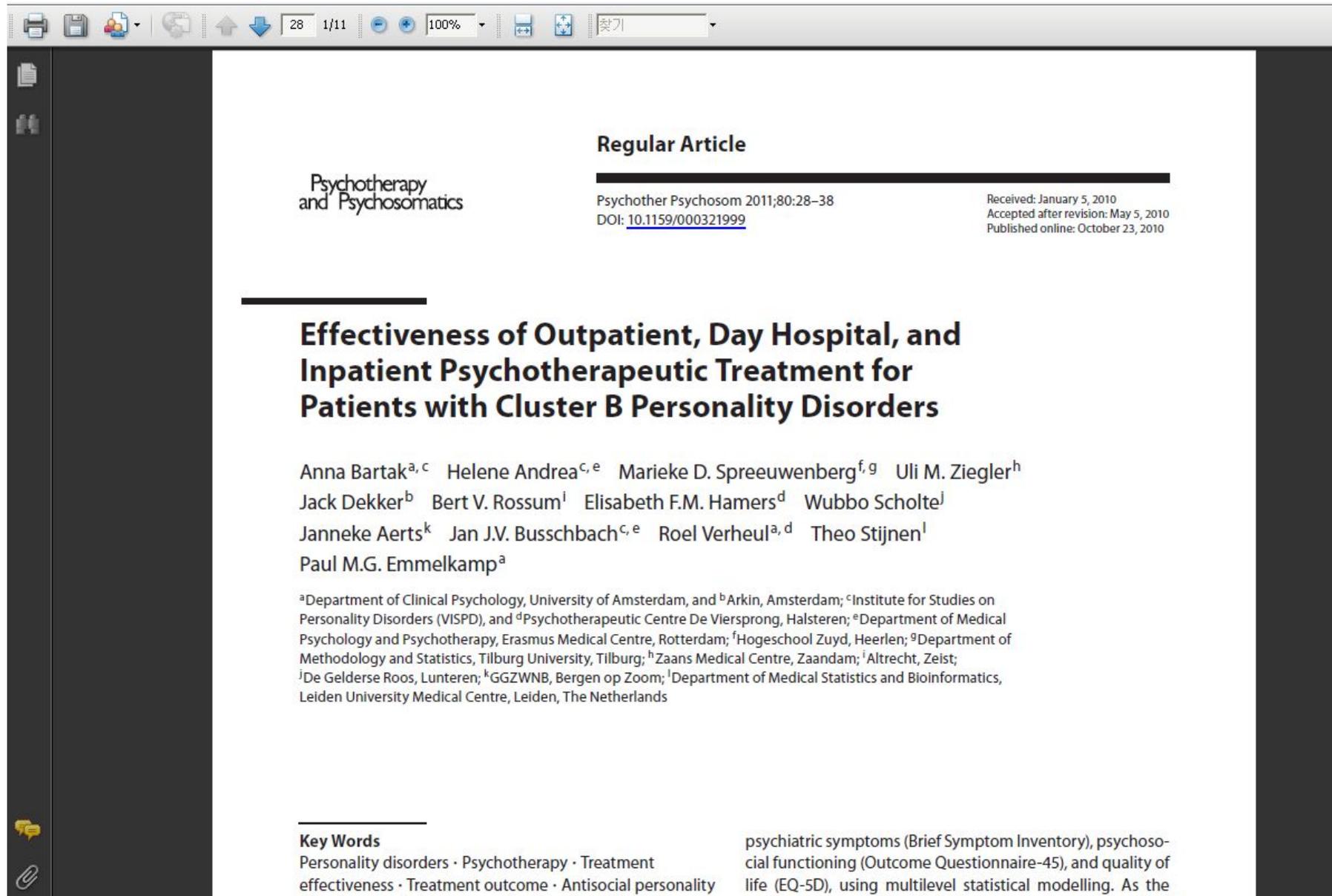


Fig. 2. GSI uncorrected mean scores at baseline and 18-month follow-up.

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Effectiveness of Outpatient, Day Hospital, and Inpatient Psychotherapeutic Treatment for Patients with Cluster B Personality Disorders

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^aDepartment of Clinical Psychology, University of Amsterdam, and ^bArkin, Amsterdam; ^cInstitute for Studies on Personality Disorders (VISPD), and ^dPsychotherapeutic Centre De Viersprong, Halsteren; ^eDepartment of Medical Psychology and Psychotherapy, Erasmus Medical Centre, Rotterdam; ^fHogeschool Zuyd, Heerlen; ^gDepartment of Methodology and Statistics, Tilburg University, Tilburg; ^hZaans Medical Centre, Zaandam; ⁱAltrecht, Zeist; ^jDe Gelderse Roos, Lunteren; ^kGGZWNB, Bergen op Zoom; ^lDepartment of Medical Statistics and Bioinformatics, Leiden University Medical Centre, Leiden, The Netherlands

Key Words
Personality disorders · Psychotherapy · Treatment effectiveness · Treatment outcome · Antisocial personality psychiatric symptoms (Brief Symptom Inventory), psychosocial functioning (Outcome Questionnaire-45), and quality of life (EQ-5D), using multilevel statistical modelling. As the

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- ✓ RSS (Really Simple Syndication) Feed 는 관심 있는 분야 또는 저널의 새로운 정보를 실시간으로 제공하는 서비스로 설정 후 피드백에서 확인 가능

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- RSS Feeds for Books
- RSS Feeds for Journals

RSS Feeds for Books

New Releases

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Karger books in preparation

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RSS Feeds for Journals

'Latest Articles' RSS Feeds – Updated whenever new articles are published (continuously for online-first journals and with every new issue for all other...)

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A ▲

Acta Cytologica

 <http://content.karger.com/ProdukteDB/rss.aspx?j=ACY>

Acta Haematologica

 <http://content.karger.com/ProdukteDB/rss.aspx?j=AHA>

American Journal of Nephrology

 <http://content.karger.com/ProdukteDB/rss.aspx?j=AJN>

Annales Nestlé (Ed. española)

새롭게 출시되는 단행본에 대한 RSS Feed 설정

관심 있는 저널에 대한 정보를 실시간으로 받을 수 있는 RSS Feed 설정

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Journal: Annals of Nutrition and Metabolism (Issue)

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